

FLY. 1670.

4

AN

ALMANACK

For the year of our Lord  
God, 1670.

Being the second after *Bissextile*,  
or Leap-year.

And from the Creation of the  
World, 5675.

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Calculated for the Meridian of *Kings-*

*Lynn*, where the Pole is elevated

52. degrees, 43. min. above the

Horizon, and may very well

serve for any other part  
of England.

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L O N D O N,

Printed by S. G. and B. G. for the Company  
of Stationers: 1670.

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# Common Notes and Movable Feasts.

The Golden number this year is,  
 The Cicle of the Sun,  
 The Dominical Letters  
 Epact,  
 Easter day,  
 Whitsunday,  
 Trinity Sunday,  
 Advent Sunday,



18  
 27  
 11  
 April  
 May 23  
 November 27

A Table to know when the Terms begin and end  
 and the Returns, and the days for this year, 1669:

Hilary Term begins the 23 of January, and ends the 14 of February, and hath 4 Returns, viz.	Octab. Hillarii	Jan. 20
	Quind. Hillarii	Jan. 27
	Craft. Purif.	Feb. 2
	Octab. Purif.	Feb. 9
Easter Term begins 20 of April, and ends 16 of May, and hath 5 Returns, viz.	Quind. Paschæ	April 18
	Tres Paschæ	April 25
	Mense Paschæ	May 2
	Quind. Paschæ	May 9
Trinity Term begins 3 of June, and ends the 12 of June, and hath 4 Returns, viz.	Craft. Ascens.	May 15
	Craft. Trinit.	June 1
	Octab. Trin.	June 8
	Quind. Trin.	June 15
Michelmas Term begins the 24 of October, and ends the 18 of November, and hath 6 Returns, viz.	Tres Trin.	June 22
	Tres Michael.	Octob. 29
	Mense Michael.	Octob. 30
	Craft. Anim.	Nov. 6
	Craft. Mart.	Nov. 13
	Octab. Mart.	Nov. 20
	Quind. Mart.	Nov. 27

Shillings.

Pounds.

Tens of Pounds.

A plain and easie Table, shewing the true Interest  
 due upon any summe of money, from five  
 Shillings to an hundred Pounds, for  
 a year or under, after the  
 rate of six Pounds in  
 the Hundred

Shillings.	1 Mon.			3 Mon.			6 Mon.			9 Mon.			AYear.		
	s.	s.	d. q.	s.	s.	d. q.	s.	s.	d. q.	s.	s.	d. q.	s.	s.	d. q.
5	0	0	0	0	0	3	0	1	3	0	1	2	0	3	2
10	0	0	0	0	1	3	0	3	2	0	5	0	0	7	0
15	0	0	0	0	2	2	0	5	1	0	8	2	0	10	2
1	0	1	0	0	3	2	0	7	0	0	10	2	1	2	1
2	0	1	1	0	7	0	1	2	1	1	9	1	2	4	2
3	0	3	2	0	10	2	1	9	1	2	7	3	3	6	3
4	0	4	3	1	2	1	3	4	2	3	6	3	4	9	0
5	0	6	0	1	6	0	3	0	0	4	6	0	6	0	0
6	0	7	0	1	9	1	3	7	0	5	4	1	7	2	1
7	0	8	1	2	1	0	4	2	1	6	3	1	8	4	2
8	0	9	2	2	4	2	4	9	1	7	3	1	9	6	3
9	0	10	3	2	8	1	5	4	2	8	0	3	10	9	0
1	l.	l.	s. d.	l.	l.	s. d.	l.	l.	s. d.	l.	l.	s. d.	l.	l.	s. d.
10	0	1	0	0	3	0	0	6	0	0	9	0	0	12	0
20	0	2	0	0	6	0	0	12	0	0	18	0	1	4	0
30	0	3	0	0	9	0	0	18	0	1	7	0	1	16	0
40	0	4	0	0	12	0	1	4	0	1	16	0	2	8	0
50	0	5	0	0	15	0	1	10	0	2	5	0	3	0	0
60	0	6	0	0	18	0	1	16	0	2	14	0	3	12	0
70	0	7	0	1	1	0	2	2	0	3	3	0	4	4	0
80	0	8	0	1	4	0	2	8	0	3	12	0	4	16	0
90	0	9	0	1	7	0	2	14	0	4	1	0	5	8	0
100	0	10	0	1	1		3	10		4	10		6	0	0

# THE ANATOMY

of the Body of MAN, as the  
parts thereof are governed by the  
12 Constellations of Stars  
in the Zodiacke:

Or rather by the Moon, passing by the same  
CONSTELLATIONS.

Head and Face

Neck &  
Throat  
Breast  
Stomach  
and Ribs  
Bowels  
& Belly  
Liver  
Spleen  
Lungs  
Feet.



Arms  
Shoulders,  
Heart,  
Back  
Knees  
Loynes,  
Thighs  
Legs.

The Characters of the Planets and their Aspects

Saturn. ♄ Jupiter. ♃ Mars. ♂ Sol. ♀ Venus. ♀ Mercury. ☾ Moon increasing ☾ Moon decreasing ☾ Conjunction ☾ Opposition ☐ Quartile △ Trine. ✱ Sextile  
☿ Caput Draconis ☿ Cauda Draconis



# January hath xxxi. dayes.

Last quarter 4 day 17 min. past 9 morning.

New Moon 11 day 38 min. past 1 at noon.

First quarter 18 day 18 min. past 1 in the morning.

Full Moon 25 day 48 min. past 8 at night.

1	New year day	Secrets	8	2	3	1	This month be-	22
2	St. Stephen	Secrets	8	0	4	2	gins with cold,	23
3	St. John	Secrets	7	58	4	3	frost, snowy	24
4	St. Innoc.	Chyghes	7	57	4	4	weather, with	25
5	Simon.	Chyghes	7	56	4	5	son: sunshin,	26
6	Twelf day.	Wines	7	55	4	6	and misty	27
7	Julian	Wines	7	54	4	7	mornings,	28
8	Lucian	Wines	7	53	4	8	very temperate	29
9	Agapite vir.	Wines	7	52	4	9	for the season	30
10	Gardian	Feet	7	50	4	10	of the year,	31
11	Atlos	Feet	7	49	4	11	cold winds	2
12	Archad	Head	7	47	4	12	out of the	3
13	Hillary	Head	7	46	4	13	north, more	4
14	Craft. Hil.	Stek	7	45	4	14	mild & nor-	5
15	Mure	Stek	7	44	4	15	ther with	6
16	Marcel.	Armes	7	43	4	16	some rain	7
17	Anthony	Armes	7	41	4	17	or feet,	8
18	Vica	Wet	7	39	4	18	cold frosty	9
19	Martha	Wet	7	38	4	19	mornings,	10
20	Sebastina	Wet	7	36	4	20	and cold	11
21	St. Agnis	Heart	7	34	4	21	evenings, very	12
22	Vincent	Heart	7	33	4	22	fair, clear,	13
23	Timothy	Bookele	7	31	4	23	fine sunshone	14
24	Year begins.	Bookele	7	30	4	24	weather in-	15
25	Conver. Pau	Bookele	7	28	4	25	clining to	16
26	Policarp. Bish.	Reines	7	26	4	26	frost, if not	17
27	Julian.	Reines	7	25	4	27	rain or	18
28	Farcellinus	Reines	7	23	4	28	snow, if not	19
29	Theodore	Reines	7	21	4	29	frost & weather	20
30	St. Charles	Secrets	7	20	4	30	and cold	21
31	648	Secrets	7	18	4	31		

# February hath xxviii. dayes.

Last quarter 3 day 4 min. past 2 in the morning.  
 New Moon 9 day 50 min. past 11 at night.  
 First Quarter 16 day 6 min. past 5 at night.  
 Full Moon 24 day 43 min. past 5 at night.

M.D.	W.D.	Holy and Festival Dayes.	The Signs.	Sun rise.	Sun set.	Change of weather.	M.A.
1	D	Bridget	Secrets	7 17	4 43	This month be-	22
2	E	St. Mary	Secrets	7 16	4 44	gins with cold	23
3	F	Blase	Secrets	7 14	4 46	trusty weather,	24
4	M	Gilbert.	Highes	7 13	4 47	some misty	25
5	Tu	Agathe	Highes	7 11	4 49	weather with	26
6	W	Amandus	Wnces	7 10	4 50	(now or raine,	27
7	Th	Augustine	Wnces	7 8	4 52	not bath, with	28
8	F	Paul Bish.	Legs	7 6	4 54	high wind at	29
9	S	Apoline	Legs	7 4	4 56	North East, fir	30
10	S	Scholast	Feet	7 2	4 58	sun-shine with	1
11	M	Euthrona	Feet	6 59	5 1	rain or hail,	2
12	Tu	St. Agnes	Head	6 58	5 2	cold morn-	3
13	W	St. Agnes	Head	6 56	5 4	ings with	4
14	Th	Valentine	Beck	6 55	5 5	white frosts	5
15	F	Justine	Beck	6 54	5 6	if not snow	6
16	S	Julian	Arms	6 53	5 7	more mild	7
17	S	Constance.	Arms	6 51	5 9	with high	8
18	M	Simcon	Wrest	6 49	5 11	winds, but	9
19	Tu	Sabine	Wrest	6 46	5 14	cld with	10
20	W	1 Sun. in Lent	Wrest	6 44	5 16	rain, very	11
21	Th	29 Martyrs.	Heart	6 42	5 18	good for	12
22	F	Peter Chair.	Heart	6 40	5 20	the season	13
23	S	Theodor.	Bowels	6 38	5 22	of the year,	14
24	S		Bowels	6 35	5 25	windy bliz-	15
25	M		Bowels	6 32	5 28	string wea-	16
26	Tu	Eligius	Belnes	6 30	5 30	ther with	17
27	W	2 Sun. in Lent	Retnes	6 27	5 33	rain, fine	18
28	Th	Alexander	Secrets			sun-shin.	19

March hath xxxi. dayes.

Last quart. 4 day, 6 min. past 5 at night.

New Moon 11 day, 20 min. past 9 in the morning.

Fist quarter 18 day, 10 min. past 7 morning.

Full Moon 26 day, 10 min. past 11 in the morning.

1	D	David	Secrets	6 23	5 37	March begins	21
2	E	Chad.	Secrets	6 20	5 40	fine sunshine,	22
3	F	Maurice.	Thighes	6 18	5 41	clouds ov'r-	23
4	G		Thighes	6 16	5 44	cast with	24
5	A	Eusebius	Knees	6 14	5 46	sunshine,	25
6		3 Sun. in Lent	Knees	6 11	5 49	showers of	26
7	E	Perpetua	Legs	6 9	5 51	rain if	27
8	D	Felix	Legs	6 7	5 53	not hail,	28
9	E	40 Martyrs	Feet	6 5	5 57	cold frosts,	29
10	F	Agapite.	Feet	6 3	5 59	with dark	30
11	G		Head	6 0	6 0	cloudy, if	
12	A	S. Gregory.	Head	7 59	6 2	not rain,	1
13		4 Sun. in Lent	Back	7 57	6 3	more mild	2
14	E	Candidus	Back	7 56	6 4	with sun-	3
15	D	Longinus	Armes	7 54	6 6	shine, but	4
16	E	Nor. Repra	Armes	7 52	6 8	yet frosty	5
17	F	Gartrude	Armes	7 50	6 10	mornings,	6
18	G		Breast	7 48	6 12	and cold	7
19	A	Edw. King	Breast	7 46	6 14	evenings,	8
20		5 Sun. in Lent	Heart	7 42	6 16	with stormy	9
21	E	Joseph	Heart	7 41	6 18	blustring	10
22	D	Cavaliers	Heart	7 40	6 21	weather,	10
23	E	banished	Bowels	7 39	6 23	fair sun-	11
24	F	London 1650.	Bowels	7 37	6 24	shine,	12
25	G	Simon. Mary	Belms	7 36	6 26	but cold,	13
26	A		Belms	7 34	6 28	with high	14
27		6 Sun. in Lent	Belms	7 32	6 30	wind if	15
28	E	Captiv. 1650.	Secrets	7 30	6 32	not stormy	16
29	D	Quintine	Secrets	7 28	6 34	fine weather.	17
30	E	Guidon.	Thighes	7 26	6 35		18
31	F	Adalecm.	Thighes	7 24	6 36		

# April hath xxx. dayes.

Last quarter 7 day, 53 min. past 2 in the morning.

New Moon 9 day, 10 min. past 9 at night.

First quarter 16 day, 58 min. past 10 at night.

Full Moon 25 day, 15 min. past 2 morning.

1	<b>A</b>		<b>Knees</b>	5 10 640	April com.s	19
2	<b>A</b>	David	<b>Knees</b>	5 18 642	in with	20
3	<b>B</b>	Easter day.	<b>Knees</b>	5 16 644	cold rainy	21
4	<b>C</b>	Ambrose	<b>Legs</b>	5 14 646	blustring	22
5	<b>D</b>	Vincent.	<b>Legs</b>	5 12 648	weather,	23
6	<b>E</b>	Sextus.	<b>Feet</b>	5 10 650	high winds,	24
7	<b>F</b>	Egesippus	<b>Feet</b>	5 7 653	hail or snow	25
8	<b>G</b>		<b>Head</b>	5 4 656	very like,	26
9	<b>A</b>	7 Virgins	<b>Head</b>	5 1 658	fine pleasing	27
10	<b>E</b>	Leo	<b>Neck</b>	5 0 7 0	sunshine	
11	<b>S</b>	Julius	<b>Neck</b>	4 58 7 2	weather with	
12	<b>D</b>	Groswald	<b>Arms</b>	4 57 7 3	fine showers	
13	<b>E</b>	Justine.	<b>Arms</b>	4 55 7 5	of rain,	
14	<b>F</b>	Tiburt. mar.	<b>Breast</b>	4 51 7 7	fine sun-	
15	<b>G</b>		<b>Breast</b>	4 52 7 8	shine weather	
16	<b>A</b>	Isidore	<b>Heart</b>	4 50 7 10	with fine	
17	<b>B</b>	Coliny	<b>Heart</b>	4 45 7 12	showers of	
18	<b>C</b>	Quintin	<b>Bowels</b>	4 46 7 14	rain, the	
19	<b>D</b>	Alphage	<b>Bowels</b>	4 44 7 16	wind bz-	10
20	<b>E</b>		<b>Bowels</b>	4 42 7 18	gins to	11
21	<b>F</b>	Term begins	<b>Belnes</b>	4 40 7 20	l w high,	12
22	<b>G</b>	Simeon	<b>Belnes</b>	4 39 7 21	and the clouds	13
23	<b>A</b>	S. Georg.	<b>Belnes</b>	4 37 7 23	uncertain,	14
24	<b>B</b>	Wilfrid	<b>Secrets</b>	4 35 7 25	as though	15
25	<b>B</b>	Mark Swan	<b>Secrets</b>	4 33 7 27	the clouds	16
26	<b>C</b>	Anastotius.	<b>Thighes</b>	4 31 7 29	were full	17
27	<b>D</b>	Vitalis	<b>Thighes</b>	4 29 7 31	with rain,	18
28	<b>E</b>	Petronel	<b>Knees</b>	4 27 7 33	fine sun-	19
29	<b>F</b>		<b>Knees</b>	4 25 7 35	shine with	20
30	<b>G</b>	Erkenwal	<b>Legs</b>	4 23 7 37	some rain.	21

# May hoth xxvi. dayes.

Last quarter 3 day, 55 min. past 9 in the morning.

New Moon 9 day, 8 min. past 3 in the morn.

First quarter 16 day, 5 min. past 4 at night.

Full Moon 24 day 59 min. past 2 at noon.

Last quarter 31 day 5 min. past 2 in the after noon.

19	15	Philip & Jac	Beck	4 22 7 58	May 6 gear	21
20	16	Athanasius	Beck	4 2 7 39	with fine plea-	22
21	17	Enoch	Beck	4 2 7 40	fast in after	23
22	18	Florianus	Beck	4 19 7 41	with fine (o)	24
23	19	Gothard.	Beck	4 17 7 4	but comit 11	25
24	20		Beck	4 15 7 45	not long,	26
25	21	Beverly	Beck	4 3 7 47	fine for sh se	27
26	22	Regin. Sin.	Beck	4 12 7 48	with fine	28
27	23		Beck	4 17 49	not high	29
	24	Gordian Ml.	Beck	4 10 7 50	winds, if	30
	25	Anthony	Beck	4 9 7 5	not stormy,	31
	26	Attention d	Beck	4 7 7 53	with fine	
	27	Servatius	Beck	4 6 7 54	showing of	
	28	Boniface	Beck	4 5 7 55	rain, here	
	29	Sophia.	Beck	4 3 7 57	about the	
	30	Term ends	Beck	4 2 7 58	fine with	
	31	Noah in Ark	Beck	4 17 59	fine pleasing	
		Potentius	Beck	3 59 8	1 weather, and	
		S. Dunstan	Beck	3 58 8	1 some fine	
			Beck	56 8	4 best with	
		Urbanus	Beck	3 55 8	5 rain follow-	
		Whitunday	Beck	3 54 8	6 big rain	
		Deciderius.	Beck	3 53 8	7 thunder	
		Boniface	Beck	3 52 8	7 not like	
		Adelme	Beck	3 52 8	8 of fine this	
		Bede	Beck	3 52 8	8 much goes	
			Beck	3 52 8	9 not with	
		German Bi.	Beck	3 51 8	9 rain, and	
		Armin yun.	Beck	3 51 8	9 to end this	
		Patronel	Beck	3 51 8	10 much	
			Beck	3 51 8	10	

# June hath xxx. dayes.

New moon 7 day, 7 min. past high noon.

First quarter 15 day, 43 min. past 9 in the morning.

Full Moon 23 day, 23 min. past 1 at high noon.

Last quarter 29 day. 56 min. past 7 at night.

1	Nicomed.	Head	3 50	8 10	June begins	25
2	Marcelline.	Head	3 49	8 11	hot and dry	26
3	John begins	Neck	3 49	8 11	with hot sun	27
4		Neck	3 49	8 11	shine weather,	28
5	Boniface.	Armes	3 48	8 12	fine sun-	29
6	Claudius	Arms	3 48	8 12	shine weather,	30
7	Wolstan.	Arms	3 48	8 12	rain very	31
8	Medard.	Breast	3 47	8 13	like, if not,	1
9	Felician	Breast	3 47	8 13	the weather	2
10		Heart	3 47	8 13	begins to be	3
11	Basil	Heart	3 47	8 13	somewhat	4
12		Heart	3 47	8 13	colder,	5
13	Valerius	Throate	3 47	8 13	but hot and	6
14	Vitas	Throate	3 47	8 13	dry hot	7
15	Rowland	Neck	3 48	8 13	weather,	8
16		Neck	3 48	8 12	with some	9
17		Arms	3 48	8 12	fine sun ll	10
18	Marcelline	Secrets	3 49	8 12	brisk winds	11
19	Gervase	Secrets	3 49	8 11	at South and	12
20	Silverius	Thighs	3 49	8 11	South East,	13
21	Walburg.	Thighs	3 50	8 10	more windy	14
22		Knees	3 50	8 10	with rain,	15
23	Etheldred.	Knees	3 51	8 9	very l k	16
24		Knees	3 51	8 9	before	17
25	Eligius	Legs	3 52	8 8	this month	18
26	Jeremias	Legs	3 52	8 8	goes out	19
27	7 Sleepers.	Feet	3 53	8 7	fine fair	20
28	Leo Bish.	Feet	3 54	8 6	(sunshine	21
29	Peter Apostle.	Head	3 55	8 5	weather.	22
30	Conv. St. Paul	Head	3 56	8 4		23

# July hath xxii. dayes.

\* New Moon 6 day, 33 min. past 12 at noon.  
 First quarter 15 day, 15 min. past 2 at high noon.  
 Full Moon 22 day, 18 min. past 10 morning.  
 Last quarter 29 day, 41 min. past 1 night.

1	Rumoldus	Beck	7 57 3 2	This month	25
2	Vir. of Mary	Beck	3 57 3 0	begin: with	26
3	Hyacinth.	Arms	3 58 3 58	very hot	27
4	Viricus	Arms	3 59 3 57	weather,	28
5	Anselm	Breast	4 00 3 56	and some	29
6	Tranquilin	Breast	4 2 7 55	small	30
7	Becket	Heart	4 3 7 54	showers of	
8	Chilianis	Heart	4 5 7 53	rain,	2
9	Cyrl	Heart	4 6 7 52	fine sunshine,	3
10	7 Brethren	Bowels	4 8 7 50	with very	4
11		Bowels	4 9 7 49	hot melting	5
12	Jason	Reins	4 11 7 47	weather,	6
13	Privarius	Reins	4 12 7 46	the clouds	7
14	Justus	Reins	4 13 7 45	over-casts	8
15	Bonavent.	Secrets	4 14 7 44	and runs	9
16	Swithin	Secrets	4 15 7 42	too and a-	10
17	Alexius	Thighs	4 16 7 41	gain like	11
18	Rosina	Thighs	4 17 7 39	rain, but	12
19	Aug. day beg	Knees	4 18 7 38	little and	13
20	Margaret	Knees	4 20 7 36	some thun-	14
21	Daniel	Legs	4 21 7 34	der, expect	15
22	Mary Magd.	Legs	4 23 7 32	about this time,	16
23	Apoline	Feet	4 25 7 31	with fine	17
24	Christine	Feet	4 27 7 30	brisk breezes	18
25	S. James	Head	4 29 7 28	of wine	19
26	Anne	Head	4 30 7 26	hot sunshine	20
27	Martha	Neck	4 31 7 25	weather, fair	21
28	Penthalion	Neck	4 34 7 23	weather, and	22
29	Beatrice	Arms	4 36 7 21	very pleasing	23
30	Abdon	Arms	4 37 7 20	for the time	24
1	Germane		4 38 7 18	of the year.	



# August hath xxxi. dayes.

New Moon 5 day, 8 min. past 2 after high noon.

First quarter 13 day, 6 min. past 6 at night.

Full Moon 20 day, 27 min. past 6 at night.

Last quarter 27 day, 45 min. past 9 morning

1	6	Lammas day	Breast	14	39	2	August be-	2
2	7	Stephen	Breast	4	40	7	gins with	26
3	8	Hermel	Breast	4	41	7	hot sunsh	27
4	9	Aristarchus	Heart	4	44	7	weather, with	28
5	10	Oswold	Heart	4	46	7	small sice	29
6	11	Sixtus	Bowels	4	48	7	brisk gale	30
7	12	Victrice	Bowels	4	50	7	of soothery	31
8	13	Jodilaus	Reins	4	52	7	wind, much	3
9	14	Augustus	Reins	4	54	7	lik fire	4
10	15	Lawrence	Reins	4	56	7	small showers	5
11	16	Tiburtus	Secrets	4	58	7	of rava, the	6
12	17	Clare	Secrets	4	59	7	clouds over-	7
13	18	Hippolytus	Secrets	4	60	7	casting as	8
14	19	Bolebius	Thighes	5	1	6	though there	9
15	20	Alum. Mary	Thighes	5	3	6	would be	10
16	21	Roch	Knees	5	5	6	much rain.	11
17	22	Munance	Knees	5	6	6	Hot sunshine	12
18	23	Helen	Legs	5	8	6	weather with	13
19	24	Sebal	Legs	5	11	6	caltry wea-	14
20	25	Bernard	Feet	5	14	6	ther, very hot	15
21	26	Cyrice	Feet	5	16	6	weather with	16
22	27	100 Days end	Head	5	18	6	sunshin,	17
23	28	Zacheus	Head	5	20	6	brisk gales	18
24	29	Bark. Apo.	Neck	22	6	38	of sootherly	19
25	30	Lewis	Neck	2	6	39	winds, fire	20
26	31	Beverine	Arms	25	6	34	operate	21
27	1	Gebherdus	Arms	3	88	6	weather, and	22
28	2	Kings Lynn	Arms	3	30	6	ends this	23
29	3	besieged, 1642	Arms	3	1	6	much	24
30	4	Felix	Breast	33	6	27		25
31	5	Antonius	Breast	35	6	1		26

# September hath xxx. dayes.

New Moon 4 day, 54 min. past 5 in the morning.  
 First quarter 12 day, 5 min. past 8 in the morning.  
 Full Moon 19 day, 38 min. past 2 in the morning.  
 Last quarter 25 day, 4 min. past 9 at night.

1	Egidius	Heart	5 37	2	September	127
2	Veronica	Heart	5 40	6 20	begins with	28
3	Scraphia	Heart.	5 42	6 18	hot and dry	29
4	Theodosia	Bowels	5 44	6 16	weather in-	
5	Zacharias	Bowels	5 45	6 15	clining to	1
6	Magnus	Reines	5 47	6 13	rain, fine	2
7	Regina	Reines	5 49	6 11	sunshine	3
8	Nativ. Mar.	Secrets	5 50	6 10	weather with	4
9	Gorgonius	Secrets	5 51	6 9	little rain,	5
10	Milarius	Secrets	5 53	6 7	hot and dry,	6
11	Felix	Thighes	5 55	6 1	more moist	7
12	Guidon	Thighes	5 58	6 2	weather in-	8
13	Amatus	Knees	6 06	0 0	clining unto	9
14	Exalt. Cruc.	Knees	6 27	58	rain. Now	10
15	Nicomede	Knees	6 47	56	begin the	11
16	Euphemia	Legs	6 67	54	nights to be	12
17	Lampert	Legs	6 87	52	long, and	13
18	Forcolius	Feet	6 107	50	mornings	14
19	Januarius	Feet	6 127	48	with some	15
20	Fulca	Head	6 147	46	rain, very	16
21	Matthew Apo.	Head	6 167	44	like before	17
22	Maurice	Beck	6 187	42	this month	18
23	Elldras	Armes	6 207	40	goes out	19
24	Rupert	Armes	6 217	38	fine fair	20
25	Cleophas	Breast	6 247	36	sunshine	21
26	Cyprian	Breast	6 267	34	weather in-	22
27	Colme	Heart	6 287	32	clining unto	23
28	Wincesslaus	Heart	6 307	30	rain, and so	24
29	Michs. Arch.	Heart	6 327	28	ends this	25
30	Hieron	Bowels	6 347	26	month.	26
						27

October hath xxii. dayes.

New Moon 3 day, 14 min. past 11 at night.  
 First quarter 11 day, 58 min. past 7 at night.  
 Full Moon 18 day, 49 min. past 11 in the morning.  
 Last quarter 25 day, 16 min. past high noon.

1	A	Remigius.	l Bowels	6 36 5 24	Now old fa-	28
2	B	Leodegar.	Reins	6 38 5 21	ther win:e	29
3	C	Maximian.	Reins	6 40 5 10	begins to make	30
4	D	Francis.	Reins	6 42 5 18	his approaches	1
5	E	Placidus.	Secrets	6 44 5 16	by graduation,	2
6	F	Faith virg.	Secrets	6 46 5 14	the sun in his	3
7	G	Sergius.	Thybs	6 48 5 12	declination, the	4
8	A	Pelag us.	Thighes	6 50 5 10	weath:r being	5
9	B	Dionynas.	Knees	6 52 5 8	cold with frosty	6
10	C	Gedon.	Knees	6 54 5 6	misty cold	7
11	D	Burchard.	Legs	6 56 5 4	mornings and	8
12	E	Colman.	Legs	7 58 5 2	evenings, with	9
13	F	Theophilus.	Feet	7 00 5 0	strong North	10
14	G	Calixtus.	Feet	7 24 5 8	East winds	11
15	A	Hedwid.	Head	7 44 5 6	Expect about	12
16	B	Gallus.	Head	7 64 5 4	this time.	13
17	C	Florentius.	Back	7 84 5 2	Now bethink	14
18	D	John the	Back	7 104 5 0	you of laying	15
19	E	Ptolomy	Arms	7 124 4 8	up your sh ps	16
20	F	Undulph	Arms	7 144 4 6	before the	17
21	G	Ursula	Breast	7 164 4 4	nights grow	18
22	A	Cardula	Breast	7 184 4 2	long, and the	19
23	B	John the	Breast	7 204 4 0	days short,	20
24	C		Heart	7 224 3 8	and busting	21
25	D	Crispian	Heart	7 244 3 6	weather come	22
26	E	Anandus	Bowels	7 264 3 4	is too far,	23
27	F	Victor	Bowels	7 284 3 2	misty morning,	24
28	G	John the	Head	7 304 3 0	and cold	25
29	A	Narcissus	Back	7 324 2 8	frosty weather,	26
30	B	German	Arms	7 344 2 6	snow or	27
31	C	Quintan	Secrets	7 364 2 4	rain	28

November hath .xxx. dayes.

New Moon 2 day, 10 min. past 5 at night.  
 First quarter 10 day, 12 min. past 6 morning.  
 Full moon 16 day, 35 min. past 10 at night.  
 Last quarter 24 day, 30 min. past 7 at night.

1	D	All Saints.	Secrets	7	34	4	26	Rainy weather	30
2	S	All souls	Secrets	7	35	4	24	begins this	1
3	T	Theophilus	Thighs	7	38	4	22	month with	2
4	W	Piericus	Thighs	7	39	4	21	misty mornings	3
5	T		Thighs	7	40	4	20	and cold even-	4
6	Th	Powl. Treaf.	Knees	7	42	4	18	ings, fine cold	5
7	F	Florentius	Knees	7	43	4	17	sunshine	6
8	D		Legs	7	45	4	15	with rain,	7
9	S	Candidus	Legs	7	46	4	14	snow, or hail,	8
10	T	Theodore	feet	7	48	4	12	very like fine	9
11	W	Eraustus	feet	7	49	4	1	sunshine	10
12	T	S. Martin	head	7	50	4	10	though dirty	11
13	Th	Patern	head	7	52	4	8	weather,	12
14	F	Fredrick	neck	7	53	4	7	cold frosty	13
15	D	Leopold.	neck	7	55	4	5	mornings, with	14
16	S	Anianus	Breast	7	56	4	4	great misty fog	15
17	T	Gelatius	Breast	7	57	4	3	weather, with	16
18	W	Elizabeth	Breast	7	58	4	2	some incl. n. n.	17
19	T	Agapinus	Breast	8	59	4	1	on to cold if	18
20	Th	Conradus	Heart	8	04	0	0	not misty, frosty,	19
21	F	Mary	Heart	8	13	59		rainy, snowy	20
22	D	Cicily	Boswels	8	23	58		weather, dark	21
23	S	Chrysogon	Boswels	8	33	57		misty weather,	22
24	T	Katharine	Boswels	8	43	56		with some sun-	23
25	W	Conrade	Boswels	8	53	55		shine weather,	24
26	T	Agatha	Boswels	8	63	54		with cold snow	25
27	Th	Advent Sund.	Boswels	8	73	54		or rainy	26
28	F	Term ends	Secrets	8	73	53		weather, and	27
29	D	Saturn	Secrets	8	83	52		so ends this	28
30	S	S. Andrew	Secrets	8	93	51		month.	29

December hath xxvi. dayes.

New Moon 2 day, 21 min. past 10 morning.  
 First quarter 9 day, 13 min. past 3 in the after noon.  
 Full Moon 16 day, 10 min. past 11 morning.  
 Last quarter 23 day, 21 min. past 5 morning.

1	<b>I</b>	Eligius.	<b>Chaste</b>	8	10	3	50	This month
2	<b>I</b>	St. Edward	<b>Chaste</b>	8	1	3	49	begins with
3	<b>A</b>	Calvan	<b>Winds</b>	8	1	3	48	high winds
4	<b>B</b>	Barbara	<b>Winds</b>	8	1	3	47	and cold
5	<b>C</b>	Sabine	<b>Legs</b>	8	1	3	47	weather, in-
6	<b>B</b>	Nicolas	<b>Legs</b>	8	1	3	47	clining to
7	<b>E</b>	Agathon	<b>Legs</b>	8	1	3	47	frosty wea-
8	<b>I</b>	Con. Mary	<b>feet</b>	8	13	3	47	ther, (snow,
9	<b>G</b>	Proculus	<b>feet</b>	8	13	3	47	flect, or
10	<b>A</b>	Miltiades	<b>Head</b>	8	1	3	47	rain, fine
11	<b>D</b>	Damascus	<b>Head</b>	8	13	3	47	sunsh:z
12	<b>E</b>	Valentinus	<b>Heck</b>	8	1	3	47	weather,
13	<b>B</b>	Lucia	<b>Heck</b>	8	13	3	47	with misty
14	<b>E</b>	Nicasius	<b>Arms</b>	8	1	3	47	swaings
15	<b>I</b>	Abraham	<b>Arms</b>	8	13	3	47	and cold
16	<b>G</b>	Ember week.	<b>Brest</b>	8	1	3	48	evenings,
17	<b>A</b>	O sapientia	<b>Brest</b>	8	1	3	49	cold misty.
18	<b>B</b>	Lazarus	<b>Heart</b>	8	1	3	50	f. o. y. w. a-
19	<b>C</b>	Christopher	<b>Heart</b>	8	1	3	51	ther, in.
20	<b>B</b>	Amon	<b>Heart</b>	8	2	3	52	clining
21	<b>E</b>	S. Thomas.	<b>Boles</b>	8		3	53	to snow,
22	<b>I</b>	Theodore	<b>Boles</b>	8	2	3	54	high winds
23	<b>V</b>	Victor	<b>Reins</b>	8	6	3	55	with blu-
24	<b>A</b>	Theodose	<b>Reins</b>	8		3	55	sting stormy
25	<b>B</b>	Christ Borth	<b>Detra</b>	8		3	56	weather, in-
26	<b>I</b>	St. Stephen	<b>Detra</b>	8	4	3	56	clining to
27	<b>B</b>	St. John	<b>Chaste</b>	8	4	3	57	f. o. f. snow,
28	<b>E</b>	Innocents	<b>Chaste</b>	8	3	3	57	or flect, and
29	<b>I</b>	Froimus	<b>Chaste</b>	8	4	3	58	so cuts th's
30	<b>G</b>	K. David	<b>Boles</b>	8	2	3	58	month, Vale.
31	<b>A</b>	Silvester.	<b>Boles</b>	8	2	3	59	

July, 1670.

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A  
**Prognostication for the**  
Year of Our Lord God,  
1670.

Wherein we have a Tide-Table,  
the time of the Eclipse for this Year,  
with divers observations for Physick,  
Husbandry, and Gardening; and also  
for making all sorts of Bonds and Bills;  
Acquittances, VVills, and Indentures;  
with High-waies and Fairs.

CALCULATED

For the Meridian of *Kings-Lyn*,  
where the Pole is elevated 52 Degrees,  
and 43. Minnits above the Horizon,  
and may indifferently serve for any other  
place within this Kingdom.

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LONDON,  
Printed by *G. Purslow*, for the  
Company of Stationers. 1670.

By the help of two following Tables, you may readily find the time of full Sea, or High-water at any of the Havens under-named, without any notable error: Except the Moons latitude, Land-floods, contrary Winds, &c. somewhat alter the time: The first sheweth the names of certain Havens, the point of the Compass whereunto the Moon coming, maketh High-water.

First, Quinborough, Southampton, Portsmouth, Isle of Wight, Spits, Kentish Knocks.

1. Rochester, Malden, Aberdeen, Redban, the West end of the Nowre.
2. Gravesend, Downs, Rumney, Tenor, Silly, half tide Blackness.
3. Dundee, St. Andrews, Lisbon, St. Lucas, Bell-Isle, Holy-Isle.
4. London, Timmouth, Hartlepool, Whitebay, Amsterdam, Brittain, Galizia.
5. Barwick, Flamborough-head, Bridlington-Bay, Burdeaux.
6. Scarborough quarter-tide, Lawrencess, Severn, Cork Haven, Dungarvan.
7. Newcastle, Humber, Falmouth, Salley, Dartmouth, Torbay, St. Malloes.
8. Plymouth, Waymouth, Hull, Kings Lyn, Davids-head, Antwerp.
9. Bristol, Foulness, at the Start.
10. Milford, Bridgwater, Lands-end, Waterford, Abermorie.
11. Portland, Peter-port, Harflew, Hague, St. Magnes, South Dublin, Lambay.
12. Pool, St. Helen, Carness, Orkney, Fair-Isles, Kirkcub.
13. Needles, Looe, North and South Forelands.
14. Yarmouth, Dover, Harwich, S. John Deluce, Calice-rot.
15. Rye, Winchelsea, Goreend, Thames, Rhodes.



This following Table shews the Hour and Minute of  
Full-Sea, or High-Water, in any of the places  
before-mentioned.

Moon	1	2	3	4	5	6	7	8
Age.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1 16	12 48	1 33	2 18	3 3	3 48	4 33	5 18	6 3
2 17	1 36	2 21	3 6	3 51	4 36	5 21	6 6	6 51
3 18	2 24	3 9	3 54	4 39	5 24	6 9	6 54	7 39
4 19	3 12	3 57	4 42	5 27	6 12	6 57	7 42	8 27
5 20	4 0	4 45	5 30	6 15	7 0	7 45	8 30	9 15
6 21	4 48	5 33	6 18	7 3	7 48	8 33	9 18	10 3
7 22	5 36	6 21	7 6	7 51	8 36	9 21	10 6	10 51
8 23	6 24	7 9	7 54	8 39	9 24	10 9	10 54	11 39
9 24	7 12	7 57	8 42	9 27	10 11	10 57	11 42	12 27
10 25	8 0	8 45	9 30	10 15	11 0	11 45	12 30	1 15
11 26	8 48	9 33	10 18	11 3	11 48	12 33	1 18	2 3
12 27	9 36	10 21	11 6	11 51	12 36	1 21	2 6	2 51
13 28	10 24	11 9	11 54	12 39	1 24	2 9	2 54	3 39
14 29	11 12	11 57	12 42	1 27	2 12	2 57	3 42	4 27
15 30	12 0	12 45	1 30	2 15	3 0	3 45	4 30	5 15

Moon	9	10	11	12	13	14	15	16
Age.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
1 16	6 48	7 33	8 18	9 3	9 48	10 33	11 18	12 3
2 17	7 36	8 21	9 6	9 51	10 36	11 21	12 6	12 51
3 18	8 24	9 9	9 54	10 39	11 24	12 9	12 54	1 39
4 19	9 12	9 57	10 42	11 27	12 12	12 57	1 42	2 27
5 20	10 0	10 45	11 30	12 15	1 0	1 55	2 30	3 15
6 21	10 48	11 33	12 18	1 3	1 48	2 33	3 18	4 3
7 22	11 36	12 21	1 6	1 51	2 36	3 21	4 6	4 51
8 23	12 24	1 9	1 54	2 39	3 24	4 9	4 54	5 39
9 24	1 12	1 57	2 42	3 27	4 12	4 57	5 42	6 27
10 25	2 0	2 45	3 30	4 15	5 0	5 45	6 30	7 15
11 26	2 48	3 33	4 18	5 3	5 48	6 33	7 18	8 3
12 27	3 36	4 21	5 6	5 51	6 36	7 21	8 6	8 51
13 28	4 24	5 9	5 54	6 39	7 24	8 9	8 54	9 39
14 29	5 12	5 57	6 42	7 27	8 12	8 57	9 42	10 27
15 30	6 0	6 45	7 30	8 15	9 0	9 45	10 30	11 15

*Of the Eclipses this year, 1670.*

**T**here will be four Eclipses, two of the Sun, and two of the Moon, the first will be of the Moon, the 25. day of March, about 11. a Clock in the morning, not to be seen in England.

The Second will be of the Sun the 9. day of April, about the time of her setting.

The Third is of the Moon upon the 18. day of September, which will be visible in England.

The Fourth is of the Sun upon the 3. day of October, which will not be visible in England.

*A description of the four quarters of the Year.*

**T**he first quarter begins when the Sun enters into the first point of Aries, which will be the 10. day of March, 2. min. past 5. in the morning.

*The Summer quarter.*

Begins at the time when the Sun enters into the first point of Cancer, which will be upon the 11. day of June, 49. min. past 5. in the morning.

*Autumne quarter.*

Begins at the time when the Sun enters into the first point of Libra, which will be upon the 13. day of September 59. min. past 10. at night.

*The Winter quarter.*

Begins at the time when the Sun enters into the first point of Capricorn, which will be upon the 11. day of December, 48. min. past 10. in the morning.

*Rules concerning Husbandry.*

**W**hen you would Plant or Graft, consider where the wind bloweth, if it be in the South it is very good for that purpose, but if it be North or East it is not good.

It is good to plant or graft generally the Moon encreasing in these signs, Taurus or Aquarius, in the beginning of the Spring, or latter end of Harvest.

Plant trees for continuance, when the Moon is in Taurus, Leo, or Aquarius.

Cut timber to have it sound in December or January, in the

Feb, 1670.

the wane of the Moon in Aquarius or Pisces.

Prune trees and pull off the moss in the month of Febr.

Plash hedges, and Lop trees for Fewel, that the heads may the sooner grow again, when the Moon is in Aries or Libra, and in her increase.

Set young Quicksets from September to March.

Remove young Trees in the last quarter of the Moon, when she is in Aries, Libra, Scorpio; and in these Months, September, November, February.

Set Vines in February, March or September, especially the Moon in Aries, Libra, Scorpio, in her increase.

S. Rose trees in the midst of February, the Moon increasing.

Cut or prune trees in March or April, the Moon in Taurus, Virgo or Capricorn.

Gather fruit, as Apples, Pears, and the like, at the full Moon the afternoon, the weather being fair and dry.

Cut down Hay presently after the full of the Moon.

Dung ground to prevent growing of weeds, the Moon decreasing.

Sow Carret-seeds about the end of February, or the beginning of March, the Moon increasing. Also sow Onions, and Leeks in February or March, at the wane of the Moon.

Sow Cucumbers and Millions in February or March, or June, in a hot and fair day.

Sow Parsley, Fennel, and Anniseed, in February or March, at the full of the Moon.

Sow Margerum, Violets, Time, Rosemary, and Lavender, in February, March, or April, in the increase of the Moon.

Sow Gilliflowers and Wall-flowers in March or April, in the old of the Moon.

Sow Hyssop and Savory in March, when the Moon is old.

Sow double Marigolds in February or March, in the increase of the Moon.

Shear Sheep at the increase of the Moon.

The best time to Geld cattel the Moon being in Aries, Sagittarius or Capricorn.

Flv, 1670.

Of Blood-letting, and some other Physicall  
Observations.

**I**n Youth let blood from the change to the first  
quarter, in middle-age, from the first quarter to  
the full. In elder years, from the full to the last  
quarter. In old age, from the last quarter to the  
change. But know that under the age of 14. and  
above the age of 56. it is not good to bleed at all.

Again, in the Canicular or Dog-dares, it is  
very hurtful to take any Physick at all, unless  
there be great need; and indeed necessity hath no  
law: Wherefore in such a case, the disease being  
desperate, the cure must be adventured.

Take a purgation when the Moon is in Trine,  
or Sextile aspect with Venus, decreasing in any  
of these three Signs, Cancer, Scorpio, or Pisces,  
and it will be sure to work the better, because  
when a moyst Planet, in a moyst Sign hath such  
an aspect, the humours in the body are then stirred  
up and down, and so the better purged out; where-  
fore in this case, it cannot be amiss to prepare hu-  
mours, by something that is laxative: and let this  
be done whilst the Moon is either in Gemini, Li-  
bra, or Aquarius.

Take a vomit that it may work thoroughly,  
when the Moon is in Aries, Taurus, or Capri-  
corn: and know that the aspects of the Moon with  
Saturn, or Mars, or the Moon in Leo, ought to be  
eschewed in the taking of Medicines.

Finally, if necessity urge no hast, these observa-  
tions are expedient: for it is a plain truth, that the  
change of weather upon differing aspects, doth  
greatly change and alter mens bodies,

Bills

Fl<sup>y</sup>, 1670.

*Bills and Obligations, One to One.*

KNOW all men by these presents, that I John Ashles of Gaywood in the Countrey of Norf. Yeoman, do owe and am indebted unto John Anoaks of Giton in the County above-said, Gentleman, the sum of One and twenty pounds of good and lawful money of England, to be paid to the above-said John Anoaks, his Heirs, Executors, Administrators, or Assigns, in and upon the first day of May next ensuing the date hereof, at or in the now dwelling house of the above-said John Anoaks, for the which payment well and truly to be made, I bind my Heirs, Executors, and Administrators, in the sum of Forty two pounds of like moneys of England, firmly by these presents: In witness whereof I have hereunto set my hand and Seal, the first day of June, One thousand six hundred sixty and three.

*Scaled and delivered  
in the presence of*

*A Bill Obligatory, Two bound for One.*

BE it known unto all men by these presents, that We John Fly of Kings Lyn, in the Countrey of Norf. Taylor, and Tho. Hum of Chlen in the County of Suff. Gent. owe, and are indebted unto John White of Kings Lyn Button-maker, the sum of one hundred pounds of lawful English money, to be paid to the above-said John White, his Heirs, Executors, Administrators, or Assigns, in and upon the first day of July next after the date hereof, at or in the Custom-house porch in Kings Lyn, for the which payment we bind us, and either of us, the Heirs, Executors, and Administrators of us, and either of us, in the sum of Two hundred pounds of like English money firmly by these presents. In witness whereof we have hereunto put our hands and Seals, July the first 1663.

*Scaled and delivered  
in the presence of*

Fly, 1670.

An Obligation with a Condition.

**N**Overint universi per presentes nos Edw. Knot  
de Middleton in Comitatu. Norf. yeoman, tenens  
& firmiter Obligari Willielmo Wild de Bilny in  
Comitat. predicto viginti in Decem libris bona & le-  
galis Monete Anglia solvend. eidem Willielm. Wild,  
aut suo certo Attornato, Executoribus, Administra-  
toribus vel Assignatis suis ad quam quidem solutionem  
bene & fideliter faciend. Obligo me Heredes, Execu-  
tores & Administratores meus firmiter per presentes  
Sigillo meo sigillat. Dat. sexto dei Octobris Anno Reg-  
ni Regis Caroli secundi Duodecimo, Annoq; Domini,  
1662.

THE condition of this Obligation is such, That if the above-  
bound Edward Knot, his Heirs, Executors, Administrators,  
or Assigns, shall pay, or cause to be paid to the abovesaid  
William Wild, his Heirs, Executors, Administrators, or As-  
signs, the sum of Five pounds of good and lawful money of  
England, in and upon the second day of August next ensuing  
the date hereof, at, or in the dwelling house of the abovesaid  
Edward Knot in Middleton; That then this present Obliga-  
tion shall be void and of no effect, or else to remain in full  
power, force, and vertue.

*Sealed and delivered  
in the presence of*

A short Bill.

**J**ohn Rose owe unto Edward Piling the sum of Ten  
pounds of English money, for the payment whereof I bind  
me, or my Heirs. In witness whereof I have hereunto put my  
hand and Seal, May the second, 1662,

*Sealed and delivered  
in the presence of*

Or

Fly, 1678.

*Or thus indented, containing Daies and places of  
Payment, with a Penalty.*

THIS Bill being indented and made the Eight day of July,  
in the year of our Lord One thousand six hundred and  
sixty one, between Robert Jackson of Cambridge on the one  
party Bookseller, and Isaac Jenkin of York, on the other party  
Yeoman, witnesseth, that the said Robert Jackson owes unto  
the said Isaac Jenkin the sum of Twenty pounds of lawful  
money of England, to be paid to the said Isaac Jenkin, his  
Heirs, Executors, Administrators, or Assigns, in the South  
porch of the Parish Church of St. Margarets in Kings Lyn in  
Norfolk in manner and form following: That is to say, upon  
the first day of March next ensuing the date hereof, the sum  
of five pounds thereof, and upon the second day of August  
next following the date hereof the sum of five pounds there-  
of, and upon the first day of October next ensuing the date  
hereof the sum of five pounds thereof, and upon the sixth day  
of December next ensuing the date hereof the sum of five  
pounds residue thereof; for the which payment well & truly  
to be made in manner aforesaid he the said Robert Jackson  
doth by these presents bind himself, his Heirs, Executors,  
and Administrators and every of them firmly by these pre-  
sents in the sum of Forty pounds of like lawful money of  
England, to be forfeited and paid to the said Isaac Jenkin, his  
Heirs, Executors, Administrators, or Assigns. In witness  
whereof the said parties have interchangeably set to their  
Hands and Seals the day and year first above written.

*Sealed and delivered  
in the presence of*

*A Bill without a Penalty.*

BE it known unto all men by these presents, that Richard  
Simson of Kings Lyn in the County of Norfolk Gent.  
do ow unto Roger Brame of Risin in the same County Yeo-  
man, the sum of one hundred pounds of lawful money of  
England, to be paid to the said Roger Brame, his Heirs, Ex-  
ecutors, Administrators, or Assigns, upon the first day of May

MCXX



Flv, 167a

next ensuing the date hereof, at or in the now dwelling house of the aforesaid Roger Brame of Risin; for the which payment well and truly to be made I bind me, my Heirs, Executors and Administrators firmly by these presents. In witness whereof I have hereunto put my Hand and Seal the first day of August, 1663.

*Sealed and delivered  
in the presence of*

*An Acquittance.*

BE it known unto all men by these presents, That I Roger Bramble have received of William Bramble the sum of One hundred pounds of lawful money of England in full discharge of all Debts, Reckonings, Accounts, and Demands, whatsoever from the beginning of the World to this day, being March the first, One thousand six hundred sixty two. In witness whereof I have hereunto put my hand and Seal the day and year above written.

*Sealed and delivered  
in the presence of*

*A General Release.*

BE it known unto all men by these presents, That I Roger Rose of Horthead in the Countie of Norf. Gentleman, have remitted, released, and quit claimed, and by these presents do for me, my Heirs, Executors, Administrators, or Assigns, release, release, and forever quit claime, unto Edward Bromley, his Heirs, Executors, Administrators, and Assigns, all and all manner of Actions, Suits, Causes, and Accounts, Debts, Duties, Reckonings, sum and sums of Mency, Controversies, Judgments, Executions, and Demands whatsoever, which I the said Roger Rose ever had, or which my Heirs, Executors, Administrators, and Assigns, or any of us in time to come, can, or may have, to, for, or against the said Edward Bromley, his Executors, Administrators, or Assigns, for, or by reason of any matter, cause, or thing whatsoever, from the beginning of the world to the day of the date hereof.

Flv, 12570.

In witness whereof I have hereunto put my hand and Seal  
the second day of May 1662.

*Sealed and delivered*

*in the presence of*

*A short Acquittance.*

Received of John Sprat the sum of five pound  
in full discharge of all Debts due to this day  
being May the twenty, one thousand six hundred } l. s. d.  
sixty and one. In witness whereof I have here- } 5 . .  
unto put my Hand, the day and year above-  
written.

*Per me John Nunn.*

*A Letter of Attorney to receive a Debt.*

Now all men by these presents, that I John Rose of Hor-  
stead in the County of Norfolk, Gent. have Assigned, Or-  
dained, and made, and in my stead and place by these presents  
have constituted my trusty and well beloved friend, The-  
mas Rose of Halstead in the County of Suffolk, Gent. to be  
my true and lawful Attorney, for me, and in my name, and  
by my use, to take, ask, sue for, levy, require, recover, and re-  
ceive of George Bramble of Halstead in the County of Suffolk  
Gent. all and every such Debts and sums of money, which  
are now due unto me by any manner of waies or means  
whatsoever. Giving and granting unto my said Attorney my  
whole power and strength, and authority in and about the  
Premises, and upon the receipt of any such Debts, or sums  
of Money aforesaid, Acquittances, or other discharge for me  
and in my name, to make, seal, and deliver, and all and e-  
very such act and acts, thing and things, devise and devices  
whatsoever in Law, for the recovery of all, or any suits,  
debts, or sums of money as aforesaid, for me and in my  
name, to do execute, and perform, as fully, largely, in every  
respect, to all intents, constructions, and purposes, as if I my-  
self might or could do if I were there in my own person pre-  
sent: Ratifying, allowing, and holding firm and stable, all  
and whatsoever my said Attorney shall lawfully do, or cause  
to be done, in, or about the execution of the Premises, by  
virtue of these presents. In witness, &c.

Fly, 1670.

## A Copy of a Will.

**I**N the Name of God, *Amen*, the first day of *July*, 1663. according to the Computation of the Church of England, *I Edward Nonsuch* of *Kings-Lynne* in the County of *Norfolk* Gent. being of perfect Memory & Remembrance, praised be God, do make and ordain this my last VVill and Testament, in manner and form following,

*viz.*

First, I bequeath my Soul into the hands of Almighty **GOD** my Maker, hoping that through the Meritorious Death and Passion of *Jesus Christ* my only Saviour and Redeemer to receive free pardon and forgiveness of all my sins; and as for my body to be buried in Christian burial at the discretion of my Executrix hereafter nominated.

Item, I give unto my Son *Edward Nonsuch*, the summe of Five hundred pounds. Item, I give unto my Daughter *Short* — the summe of Five hundred pounds. Item, I give unto my daughter *Julian* the sum of Five hundred pounds.

Item, all the rest of my Houses, Leases, Lands, Tenements, and Goods whatsoever, I give unto *Susan* my Wife for term of her Life, and then to my Sonne *Edward* and his Heirs for ever, upon Condition that she shall pay all my Debts and Legacies, and make her sole Executrix of this my last Will and Testament, revoking all other Wills and Testaments.

*In witness whereof I have herewith set my hand and Seal the day and year first above written.*

A

Fly, 1670.

*A Letter of Attorney general to receive Debts  
and Rents.*

**K**Now all men by these presents, that I John Rose of  
Wilton, in the County of Kent Yeoman, have Assigned  
Ordained, and made, and in my stead and place, put and  
constituted my trusty and welbeloved friend Francis Rose of  
St. Johns in Yorkshire, Yeoman, to be my true and lawful  
Attorney for me, and in my name, and to my use, to aske,  
sue for, levy, require, recover and receive of all and every  
person and persons whatsoever, all and every such Debts,  
Rents, and summes of Money as are now due unto me, or  
which at any day or daies, time or times hereafter shall be  
due, owing, belonging, or appertaining unto me by any man-  
ner of waies, or means whatsoever: Giving and granting  
unto my said Attorney by the Tenor of these presents, my  
full and whole power, strength, and authority, in and about  
the Premisses, and upon the receipt of any such Debts,  
Rents, and summes of Money aforesaid, to give Acquittances  
or other Discharge, for me, and in my name, to make, seal,  
and deliver, and all and every other act and acts, thing or  
things, device and devices in the Law whatsoever, needful  
and necessary to be done in or about the premisses, for the re-  
covery of any such Debts, Rents, or sums of Money as afore-  
said, for me and in my name, to do, execute, and perform,  
as fully, largely, and apply in every respect, to all intents,  
constructions, and purposes, as I my self might, or could  
do if I were personally present; Ratifying, allowing, and  
holding firm and stable, whatsoever my said Attorney shall  
lawfully do, or cause to be done, in or about the execution  
of the same, by vertue of these presents. In witness where-  
of, I have hereunto put my Hand and Seal, July 20. 1663.

An

*An Indenture for an Apprentice bound out by a Parish.*

**T**His Indenture made the second day of June, one thousand six hundred sixty and two, according to the computation of the Church of England, &c. witnesseth that the Church-wardens and Overseers of the poor of the Parish of St. Margarets, in Kings Lyn in the County of Norfolk, with the consent of John Percival Major, and Francis Parlet Recorder, Esq. two Justices of the Peace for the parish, according to the Statute in that case made and provided: Have placed and put forth Joan Rose an Apprentice with John Rose of Kings Lyn aforesaid, Waterman, for and till she be of the full age of one and twenty years, from the day of the date hereof: during all which term the said John Rose doth covenant to find unto the abovesaid Joan Rose his Apprentice, sufficient meat, drink, and apparel, washing, and lodging, sufficient for such Apprentice, and at the end of the said term, to give her two suits of Apparel, the one for Holy days, the other for working days: In witness whereof they have interchangeably set to their Hands and Seals the day and year above written.

*Sealed and delivered  
in the presence of*

Fly, 1670.

A Counter Bond to save one  
harmless.

**N**Overint universi per presentes me, John Do de  
Gaywood in Comitatu Norff. Generosum, tenens  
& firmiter Obligari Ricardo Woodde Swafam in  
Comitat. predicto armigero in Centum libris bone &  
legales Moneta Anglia solvend. eidem Ricardo  
Wood, aut suo certo Attornato, Executoribus, Ad-  
ministratoibus, vel assignatis suis ad quamquidem so-  
lutionem bene & fideliter faciend. Obligo me Haeredes,  
Executores, & Administratores, meus firmiter per  
presentes Sigillo meo sigillat. Dat. septimo die Novem-  
bris, Anno Regni Regis Caroli secundi Decimo nono,  
Annoq; Domini 1668.

The condition of this Obligation is such, that whereas the  
above named Richard Wood, at the special instance  
and request, and for the proper debt of the above bound  
John Do, as by one Obligation of the date above written.  
Is and stand Bound unto John Smith of Kings Lyn, in  
the County of Norff. Gent. in the sum and penalty of one  
hundred pounds of good and lawful money of England,  
with the condition for the true payment of fifty pound of  
good and lawful money of England, at or in the now  
dwelling house of the said John Smith in Kings Lyn.  
In and upon the seventh day of May next coming, after  
the date hereof, as by the said Obligation and Condi-  
tion, more largely appeareth. If therefore the said  
John Do, his Heirs, Executors, Administrators,  
or Assignes, or any of them, do, or shall tru-

*Fly, 1670.*

ly pay, or cause to be well and truly payed, to the above-  
said Richard Wood, his Heirs, Executors, Administrators  
or Assignes, the said sum of fifty pounds, of good and law-  
ful money of England, at the place, and upon the day  
above mentioned, according to the condition of the said  
recited Obligation, and for the discharge and making voyd  
the same Obligation without fraud, or other delay, that  
then this present Obligation shall be voyd, otherwise to  
remain in full strength, power, and vertue.

*Bills of Exchange at Sight.*

MR. Io. Sacks, pay to the bearer hereof, Mr. W. Moore  
or his assignes, the sum of ten pound at Sight, and this  
with his receipt shall be your discharge. For so much,  
Witness my hand, December the twelfth, 1668.

*Edward Batram.*

*A Judgement.*

MR. W. Slim, Mr. Io. Slack, or Mr. Tho. Brayns, these  
are to desire you, or one of you, to appear for Mr.  
John Dunn of Legit in Norff. Gent. In the Court of Com-  
mon Pleas, at the Suit of John Sutton of Kings Lynn in  
the County of Norff. Gent. In an Action of debt, of one  
thousand pounds, and to accept the declaration, and there  
to plead, Non sum informatus, or by not gainsaying the  
same, to confess the said debt, with Costs thereupon, in  
the rolles of this Term of Trinitie in the said Court.  
And for which you or any of you shall do in the premis-  
ses this shall be your warrant. Given under my hand and  
Seal the 24. day of Iune, 1668.

*John Dunn.*

*Sealed and delivered to the use of  
the said Attorneys, in the pre-  
sence of,*

Jo. Smith, &  
W. Wimbell.



Ely, 1670.

A true and plain Description of the High-ways  
throughout England and Wales.

*From London to Cambridge 44 miles, thus accounted,*

From London to Waltham 12 miles, to Ware 8 miles, to  
Puckrige 5 miles, to Barkway 7 miles, to Foulmire 6  
miles, thence to Cambridge 9 miles.

*From London to Oxford 47 miles,*

From London to Uxbridge 15 miles, to Beconsfield 7  
miles, to Wickham 5 miles, to Stoken-Church 5 miles, to  
Fetworth 5 miles, to Wheatly-bridge 5 miles, thence to Ox-  
ford 5 miles.

*From Oxford to Coventry 44 miles.*

From Oxford to Woodstock 6 miles, to Banbury 14 miles,  
to Northampton 10 miles, to Coventry 14 miles.

*From Oxford to Cambridge 52 miles.*

From Oxford to Bispicer 10 miles, to Buckingham 9 miles,  
Newport 8 miles, to Bedford 7 miles, to Gamlinghay 9  
miles, to Cambridge 9 miles.

*From London to York 151 miles.*

From London to Waltham 12 miles, to Ware 8 miles, to  
Koyton 12, to Huntington 15, to Stilton 9 miles, to Stam-  
ford 12 miles, to Grantham 16, to Newark 10, to Tuxford  
10, to Doncaster 18, to Wentbridge 7, to Tadcaster 12, then  
to York 8 miles.

*From York to Barnick 108 miles.*

From York to Topcliff 17 miles, to Northalston 7 miles,  
Dorington 10 miles, to Durham 14, to Newcastle 12, to  
Korpi 12 miles, to Anwick 12 miles, to Belford 12 miles.

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From

# Fly, 1670.

*From Cambridge to York 114 miles.*

From Cambridge to Huntingdon 12 miles, to Stilton 2, to Stamford 12, to Grantham 16, to Newark 10, to Tuxford 10, to Doncaster 18, to Wentbridge 7, to Tadcaster 12, then to York 8 miles.

*From Oxford to York 118 miles.*

From Oxford to Banbury 17 miles, to Weedon 10 miles, to Welford 14, to Leicester 12, to Mountsorrel 5, to Nottingham 11, to Mansfield 12, to Doncaster 20, thence to York 27 miles.

*From Shrewsbury to York 103 miles.*

From Shrewsbury to Price 12 miles, to Whitchurch 4 miles, to Beccles-wood 10, to Northwich 9 miles, to Manchester 16, to Rochdale 8, to Blackston-edge 6, to Halifax 6, to Bradford 6, to Otley 6, to Weatherby 13, then to York 7 miles.

*From Nottingham to York 59 miles.*

From Nottingham to Mansfield 12 miles, to Doncaster 20, then to York 27.

*From London to Norwich 95 miles.*

From London to Barkway 32 miles, to Wichford-bridge 10 miles, to New Market 12 miles, to Icklingham-lands 10 miles, to Thetford 6 miles, to Attleborough 10 miles, to Windham 10 miles, thence to Norwich 7 miles.

*From London to Walsingham 86 miles.*

From London to Ware 20 miles, to New Market 24 miles, to Brandon Ferry 10, to Dickham 10, thence to Walsingham 12 miles.

*From London to Tarmouth 92 miles.*

From London to Rumford 10 miles, to Brentwood 6, to Ingerston 5, to Chelmsford 5, to Kelvedon 10, to Colchester 8, to Ipswich 12, to Woodbridge 7, to Snapbridge 6, to Ellingham 8, to Lifford 10, then to Yarmouth 6 miles.

*From*

Py, 1670.

*From London to Lincoln 99 miles.*

From London to Stilton 58 miles, to Gunworth Ferry 4 miles, to West Deeping 5, to Bourn 1, to Stotford 13, then to Lincoln 12 miles.

*Another way 106 miles.*

From London to Stilton 58 miles, to Stamford 12, to Birstfield 12, to Ancaster 8, then to Lincoln 16 miles.

*From London to Boston 94 miles.*

From London to Stilton 58 miles, to Gunworth Ferry 4, to West Deeping 5, to Bourn 1, then to Boston 32 miles.

*From London to Nottingham 98 miles.*

From London to Barnet 16 miles, to St. Albanes 10, to Dunstable 10, to Brickhill 7, to Stony Stratford 7 miles, to Northampton 10, to Harborough 12, to Leicester 12, to Loughborough 8, then to Nottingham 8.

*From Coventry to Chester 68 miles.*

From Coventry to Colefil 8 miles, to Lichfield 12, to Stone 18, to Wich 15, then to Chester 15 miles.

*From London to Coventry 74 miles.*

From London to Stonie Stratford 44 miles, to Towcester 8, to Daventry 10, then to Coventry 14 miles.

*From Norwich to Yarmouth 16 miles.*

From Norwich to Ockhil 8 miles, thence to Yarmouth 8 miles.

*From London to Lancaster 180 miles.*

From London to Coventry 74 miles, to Lichfield 20, to Newcastle 20, to Warrington 20, to Wigan 12, to Preston 4, then to Lancaster 20 miles.

*From London to Ludlow 106 miles.*

From London to Wickham 27 miles, to Ilip 20 miles, to Chippingnorton 12, to Evesham 14, to Worcester 12 miles, to Tenbury 16, then to Ludlow 5 miles.

Ely, 1690.

*From Kings Lyn to London 74 miles.*

From Kings Lyn to Dounham 8 miles, to Southrey 4 miles, to Little Port 4, to Ely 4, to Cambridge 20, to Fulmire 6, to Barkway 6, to Puckridge 7, to Ware 5, to Waltham 8, to London 12 miles.

*From Lyn to Norwich 30 miles.*

From Lyn to Giron 5 miles, to Licham 8, to Billingsford 9, to Bandwel 1, to Attlebridge 4, to Norwich 6.

*From Coventry to Shrewsbury 44 miles.*

From Coventry to Meriden 4 miles, to Brethicham 10, to Wolverhampton 10, to Banigal 5, to Sheshak 3 miles, to Watling-street 5, then to Shrewsbury 7 miles.

*From London to Worcester; & so to Ludlow 106 miles.*

From London to Wickham 27 miles, to Illip 20 miles, Chippingnorton 12, to Evisham 14, to Worcester 12 miles, to Tenbury 16, then to Ludlow 5 miles.

*From London to Bristol 97 miles.*

From London to Colbrook 15 miles, to Reading 14, to Newbury 10, to Marlborough 23, to Chipham 15, to Maxfield 10, then to Bristol 10 miles.

*From London to Exeter 138 miles.*

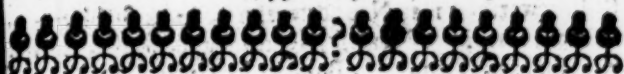
From London to Stanes 15 miles, to Harderow 16, to Basingstoke 8, to Andover 16, to Salisbury 18, to Shaftsbury 18, to Sherborn 12, to Chard 16, Honiton 10, then to Exeter 12 miles.

*From London to St. Davids 202 miles.*

From London to Maldenhead 12 miles, to Dorchester 19, to Abington 5, to Farrington 16, to Cicester 12 miles, to Gloucester 15, to Ross 12, to Hereford 8, to Brecknock 24, to Lanbury 16, to Newton 10, to Carmarthen 12, to Axford 34, thence to St. Davids 11 miles.

The

Flj; 1670.



The Names of the principal Fairs in *England* and *Wales*, with the Moneth, Day, and Place where they be kept.

*January.*

The 5 day at Hickford in Lancashire, the 6 day at Salisbury, Thursday after at Banbury, the 25 at Gravesend, Bristol, Churchinford, Northallerton in Yorkshire every Wednesday from Christmas till June.

*February.*

The 1 day at Bromley in Lancashire, the 2 at Reading in Berkshire, at Maidstone, Bicklesworth, Bicklesfield, Bath, Kings Lynn, Bugworth. 3 at Borgrove. On Valentines day at Oundle, Feversham. 24 at Henley, at Baldoak. After Wednesday at Roydon, Dunstable, Eaton, Tamworth, Tunbridge, Lichfield, Exeter, Ciceter. The first munday in Lent at Banbury.

*March.*

The 3 day at Bromelbrakes in Norfolk, 4 at Bedford, 12 at Alton in Norfolk, Sudbury, Wooborn, 13 at Wye, at Bodmin, 20 at Durham. Munday before our Lady day at Kenil, Wisbich. 25 at Huntington, Northampton, Walden, at Ashwel in Hertfordshire, Newcastle. Midlent at Saffronwalden in Essex. Goodfriday at Norwich. Palm Sunday even at Wisbich. Worcester, at Pomfret.

*April.*

Easter Munday at Ony in Bedfordshire, Gainsborough. Easter Tuesday at Daventry, Godmanchester, Schell in Norfolk, St. Edmundsbury. On Wednesday at Welington. On Friday at Daroy. Saturday at Bicklesworth. 2 day at Hitchin, at Rochford, Northfleet. 7 at Darby, 9 at Bil-

*Fly, 1670.*

Billingswerth, 11 at Newport-pagnel, 22 at Stratford, 23 at Ipswich, Harbin in Norfolk, Northampton, Saplar, Charnock, Hinningham, Tamworth, Bury in Lancashire, St. Pombs in Cornwel, 26 at Dunmow, Ockham in Rutlandshire, Buckingham, Darby, 27 at Tenderden in Kent, Cleer. 30 at Beverly a week.

*May.*

The first day at Swaffam, Heverly in Essex, Layton buzzard in Huntingtongshire, Rippon, Reading, Maidstone, Tuxford in the Clay, Risin by Lyn. 3 at Stratford upon Avon, Elsto in Bedfordshire, Non-Eaton in Warwicksh. Thaxford in Norfolk, Chelmsford in Essex, VValtham Abbey, Hinningham, Rochdale, Bramyard. 7 at Newton in Lancashire, Beverly, Oxford. 10 at Rochester, Dunstable, Magheth in Suffolk. On Rogation Munday at Reach. On Ascension day at Thaxted, Beverly, Rippon, Sudminster, Bishopstratford, St. Neots, VVickham, Middlewich in Cheshire, Freth in Darbish. On VVhitesun-even at Skipton in Craven. On VVhitson-Munday at St. Ives, Rygate in Surry, Bickleworth, Bradford, at Agmunsham. Munday before VVhitson-day at Spilsby, and Munday 14 daies after another. Another on Munday 14 daies after at Partney. On VVhitson Tuesday at VVisbich, a great fair of Horse and Cattel for 5 daies at Newmarker. On VVednesday at Royston. Thursday at Ockhill. 26 at Lenham, 29 at Cranbrook.

*June.*

Trinity-even at Rowel, Kendal. On Corpus Christi day at Banbury, Bishopstratford, St. Neots, Coventry, Newbury. The 6, 7, and 8 of June at Milren Abbas in Dorsetshire. 9 at Maidstone. 11 a Horse fair at Horncastle, at Brene in Norfolk, Bardfield in Essex, 16 at Staw green a great Horse fair begins, and ends the 24, 17 at Hadstock, 22 at St. Albans, Derham in Norfolk, Shrewsbury, 24 at Harston in Suffolk, Barnwel, Bedford, Colchester, Rumford, Reading, VVindsor, Hallifax, Hereford, Beverly, Hallingden, 26 at Bristol, Darby, 27 at Burton on Trent, Folstone, 28 at St. Pombs,

## Fly, 1670.

Bombs, 29 at Peterborough, Althwel, Sudbury, Stebing in Essex.

### July.

The 1, 2, 3 day at Congerton in Cheshire, 7 at Rayston, Burntwood. The Munday at Forbingham, 11 at Partny for Horses, 15 at Stratford upon Avon, 20 at Uxbridge, Coolidge, Woodstock, Barkway, 25 at Ickleton, Norwich, Colchester, 26 Audley-end, Walden at Reading.

### August.

The first at Bedford, Burnam, St. Neots, Dunstable, Feverham, Wisbish, Bickelworth, Stony Stratford, 10 at Blackmore, Harply, Thaxstead, St. Ives, Bedford, Banbury, Fernam, Brainford, 15 at Cambridge, Huntingdon, Dunmow, Luron, Northampton, 24 at London, Tutbury, Norwich, Oxford, Northampton, Dover, Begger-bush, Burton; 29 at Halston in Suffolk, Harlow, Bush in Essex.

### September.

The first day at S. Giles in the Bush. On Thursday and Friday next before the 8 day, at Sandback in Cheshire. 7, 8, 10 at VWoodbury-hill in Dorsetshire, 7 at VVare, 8 at Tunnington, Bury in Lancashire, Partny, VWakefield, Northampton, Sturbreech by Cambridge, 14 at Ripon, VValtham Abbey, Chesterfield in Darbshire, Richmond, 15 at Stratford upon Avon, 21 at Marlborough, Bedford, Baldock, S. Edmundsbury, Houlden in Holderness, Braintry, Brackly, Malden, 21 at Malton for Horses, 29 at St. Ives, Basingstoke, Marketcepping, Shelford, Bishopstratford, Malton for Oxen, Stow, Holdam: Thirsday after at Banbury:

### October.

The 2 day at Salisbury at Havent, Maidstone, Coolidge, Gaywood by Lyn, St. Faiths, 8 at Bishopstratford, Harborough, 9 Gainsborough, 11 at Newportpagnel, 13 at Windsor, Colchester, Gravesend, 18 at Ely, Bishop Hatfield, Barnet, Banbury, Thirst, Burton on Trent, 21 at Saffron Walden, 23 at Bickelworth, 28 at New Market, Dels in Norfolk, Wakefield, Rothdale in Lancashire:

### November



Py, 1670.

*November.*

The 1 day at Chelmsford, 2 at Epping, Kingston on Thames, Padamhaston in Suffolk, 6 at Newport Pagnel, Bedford, Harford, 11 at Ludden in Norfolk, Lenon in Nottinghamshire, Hempton in Norfolk, Fockingham in Lincolnshire, Bridgstock in Northamptonshire, Marlborough, 13 at Boston, 17 at Spalding in Lincolnshire, Harlow, Lincoln, Hide, Northampton, 19 Horsham in Kent, 20 at St. Edmundsbury, Ingerston in Essex, Heath, 23 at Sandwich, at Heult, 30 at Baldock, Bedford, Kolingborough, Maidenhead, Warrington, Rochester.

*December.*

The first day at Norwell, and Tring, 5 at Plaskley, 9 at S. Neets, at Woodstock, Spalding, Northwich in Cheshire, at Exeter, Senock, Arundel, Gramham, at Stratford upon Avon, 7 at Sandwich, 8 at Northampton, Clitheral in Lancashire, Huntington, at Malpas in Cheshire, 11 day at Newport Pagnel, 12 at Stock, 19 day at Canterbury, Salisbury.

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A Charter granted to Sir Roger Burgais, Lord of the Mannor of Potter in Bedfordshire; for four Faires to be kept every Year: The First, the third Tuesday in January: the Second, the Tuesday before Easter: the Third, the first Tuesday in July: the Fourth, the Tuesday before St. Luke. For VVool, Beasts, Cheese, Hogs, and all other Goods. By his Majesty, King Charles the Second.

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